

ATHLETIC TRAINING SERVICES

To: Visiting Women's Soccer Athletic Trainer

From: Annica Morrison, M.S., LAT, AT

Re: Athletic Training/Sports Medicine Services for Women's Soccer Competitions

Welcome to the University of Iowa. We hope you have an enjoyable and injury free visit to Iowa City.

- Water, PowerAde, cups, ice bags, taping table and ice towels (if needed) will be provided in your bench area
- Vacuum splints, AED, crutches and other emergency equipment will be located on the home bench.
- A Physician and Certified Athletic Trainer will be present for all competitions
- Emergency Transportation will be on call.

If you have a student-athlete/staff that you suspect has COVID-19, please contact me to schedule testing. The individual will have to call 866-309-0832 to create a medical record number prior to testing, because all testing is through the University of Hospital and Clinics.

If your team will be traveling without a certified athletic trainer, please provide a written prescription for modalities and notify us prior to the visit so appropriate arrangements can be made. We are happy to assist you and your team during your stay in Iowa City.

If you have any further questions or any additional needs, please contact me at the numbers listed below.

Sincerely,

Annica Morrison

Annica Morrison – Assistant Athletic Training

Cell: (954) 683-8970

Email: annica-morrison@uiowa.edu

Fax: (319) 335-9398

ATHLETIC TRAINING SERVICES

Medical Facility Info

University of Iowa Hospital & Clinic – Hospital, Emergency Room

200 Hawkins Drive, Iowa City, IA

Elevator E, Level 1

Main: (800) 777-8442

ER Direct Line: (319) 356-2233

UI Quick Care – Mormon Trek – Urgent Care walk-in clinic

767 Mormon Trek Boulevard, Iowa City, IA

Office: (319) 384-8822

Hours| M-F: 7:00am – 7:00pm, Sat & Sun: 8:00am – 5:00pm

UI Quick Care – Coralville – Urgent Care walk-in clinic

2510 Corridor Way, Suite 6A, Coralville, IA, 52241

Office: (319) 384-8822

Hours| M-F: 7:00am – 7:00pm, Sat & Sun: 8:00am – 5:00pm

UI Quick Care – Old Capitol Town Center – Urgent Care walk-in clinic (Downtown Iowa City)

201 S. Clinton Street, Suite 168, Iowa City, IA

Office: (319) 384-0520

Hours| M-F: 7:00am – 7:00pm, Sat & Sun: 8:00am – 5:00pm

Mercy Urgent Care – Primary care walk-in clinic

2769 Heartland Drive, Coralville, IA | Coral West HealthCenter

Office: (319) 688-7400

Hours| M-F: 7:30am – 7:30pm, Sat & Sun: 9:00am – 4:00pm

Pharmacy & Grocery Store Info

Coralville, IA

Walgreens Pharmacy – Coralville, Store#: 5977 (Closest to Cross Country Course)

102 2nd Street, Coralville, IA, 52241

Store: (319) 341-6153

Store Hrs 7:00am – 12:00am

Pharmacy Hrs| M-F: 8 am–8 pm, Sat: 9 am – 6 pm,

Sun: 10 am – 6 pm

Walgreens Pharmacy – Coralville Northwest, Store#: 10985

2751 Heartland Drive, Coralville, IA

Store: (319) 545-4600

Store Hrs| M-Sun: 7am–10pm.

Pharmacy Hrs| M-F: 8am–8pm Sat: 9am–6pm

Sun: 10am–6pm

Hy-Vee – Coralville – Grocery

1914 8th Street, Coralville, IA

Store: (319) 351-5523

Pharmacy: (319) 351-3880

Store Hrs| 24H.

Pharmacy Hrs| M-F: 8 am – 9 pm Sat & Sun:

9am– 6pm

Walmart – Coralville

2801 Commerce Drive, Coralville, IA

Store: (319) 545-6400

Pharmacy: (319) 545-6412

Store Hrs| 24H

Pharmacy Hrs| M-F: 9am – 9pm Sat: 9am – 7pm

Sun: 10am – 6pm

Target

1441 Coral Ridge Avenue, Coralville, IA

Store: (319) 351-5150

Pharmacy: (319) 248-1080

Hrs |M-Sat: 8am-11pm Sun: 8am-10pm

Pharmacy |M-F: 9am-7pm Sat: 9am-5pm Sun:

11am-5pm

Costco

2900 Heartland Drive, Coralville, IA

Store: (319) 545-3200

Pharmacy: (319) 545-3201

Hrs |M-F: 10am-8:30pm Sat & Sun: 10am-6pm

Pharmacy |M-F: 10am-8:30pm Sat: 9:30am-6pm

Sun: 10:00am – 6:00

ATHLETIC TRAINING SERVICES

EMERGENCY ACTION PLAN- SOCCER PRACTICE FIELD

Location: Just east of 2425 Prairie Meadow Drive, Iowa City IA 52242

Year: 2021-22

Medical Supplies Available: AED (located in the first storage closet behind the Field Hockey press box).

1. Staff or designee (Caller) calls 911 (on cell or 9-911 on land line) to activate EMS. This person will instruct EMS to report to the University of Iowa soccer practice field located on the UI west campus, just east of 2425 Prairie Meadow Drive (The University of Iowa Athletics Hall of Fame). The soccer practice field is located northwest of the intersection of Mormon Trek Blvd and Melrose Avenue. Proceed north on Mormon Trek Blvd from that intersection, turn west onto Prairie Meadow Road, and enter the University of Iowa Hall of Fame parking lot. Ambulance entrance to the soccer practice field is through the main gate.
2. The Caller has responsibility of flagging down EMS at the North entrance. Other staff (Crowd Control) have responsibility to clear bystanders from the victim.
3. An athletic training staff qualified emergency rescuer provides emergency care until EMS personnel arrive. The rescuer then provides pertinent information to EMS (cause of injury, vital signs, treatment rendered, medical history) and assists with emergency care as needed. When a concussion or spine injury is involved, The AT in charge and if present will direct EMS as appropriate.
4. If an athlete is involved, staff AT or a designee will accompany the athlete to the hospital and direct the ER providers to contact the team physician and keep the Recreation Building Associate Director informed.
5. If an athlete is involved, the staff AT will contact the Recreation Building Associate Director, Director of Athletic Training, Head Coach, and parents/guardians/family within hours to provide appropriate information and status.
6. If an athlete is involved, the staff AT will complete a SIMS injury report and notify the sport administrator within 24 hours of the incident.
7. Annual and more periodic training will occur by orientation to student assignments at the beginning of each assignment. Any modifications of procedures, report of malfunctioning equipment or changes in location will be immediately reported to the Associate Director and reviewed with the rest of the staff. Annual or designated review of this EAP by University officials will take place through the Director.

ATHLETIC TRAINING SERVICES

Emergency Telephone Numbers

Local Emergency Number: 911 on cell or 9-911 on land lines

UI Dept of Public Safety: 911 on land line

Poison Control Center: 319-272-6477

Johnson County Non-ER #: 319-356-6012

UIHC Information and Page: 319-356-1616

UIHC Pager: 319-356-7000 (then dial extension, then # for call back)

UIHC Emergency Room: 319-356-2233 200 Hawkins Dr., 1008 RCP UIHC

IOSMR: 319-384-7070 2701 Prairie Meadow Dr., Iowa City

Greg Lehmann (ISMOR): 319-384-7051

Terry Noonan (AT Director): 319-429-5798

Phones at HTRC Athletic Training Room:

Annica Morrison (Soccer) 954-683-8970 CPR, AED cert

Jon Fravel (Field Hockey) 319-384-1239 CPR, AED cert

Julia Howard (Tennis) 425-361-9777 CPR, AED cert

*Notification to Emergency Receiving and Transport agencies (UIHC ER and Johnson County Ambulance) of future events at soccer practice field takes place through individual sport for planning through each sport administration contacts

MAP:



Soccer practice field exit onto Prairie Meadow drive and take a right onto Mormon Trek Blvd. Take a Left on Melrose Ave. Take a left onto Grand Avenue and then another right at the turn around to follow the entrance to the Emergency Entrance Parking.

Severe Weather Safe Locations: Go to locker room during a watch and warning

ATHLETIC TRAINING SERVICES

EMERGENCY ACTION PLAN- SOCCER GAME FIELD

Location: 2677 Prairie Meadow Drive, Iowa City IA 52242

Year: 2021-22

Medical Supplies Available: AED, vacuum splints, personal rescue inhalers, oral and thermometers, ice

1. Staff or designee (Caller) calls 911 (on cell or 9-911 on land line) to activate EMS. This person will instruct EMS to report to the University of Iowa Soccer Complex located on the UI west campus, at 2677 Prairie Meadow Drive. The Iowa Soccer Complex is located northwest of the intersection of Mormon Trek Blvd and Melrose Avenue. Proceed north on Mormon Trek Blvd from that intersection, turn west onto Prairie Meadow Road, and enter the University of Iowa Hall of Fame parking lot. Ambulance entrance to the Iowa Soccer Complex game is located at the east end of the parking lot, proceed along the complex walkway and enter the field through the "players only" gate.
2. The Caller has responsibility of flagging down EMS at the entrance of the complex walkway and directing EMS to enter the field through the "players only" gate. Other staff (Crowd Control) have responsibility to clear bystanders from the victim.
3. An athletic training staff qualified emergency rescuer provides emergency care until EMS personnel arrive. The rescuer then provides pertinent information to EMS (cause of injury, vital signs, treatment rendered, medical history) and assists with emergency care as needed. When a concussion or spine injury is involved, The AT in charge and if present will direct EMS as appropriate.
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