

TO: Visiting Wrestling Athletic Trainer

SUBJECT: Upcoming Competition at the University of Iowa

Dear Wrestling Athletic Trainer,

On behalf of the athletic training staff at the University of Iowa, welcome to Iowa City for your upcoming dual meet. We hope your visit will be enjoyable and as trouble-free as possible. For your convenience, the following is a list of information and services that will be available to you upon your arrival at Carver-Hawkeye Arena on the University of Iowa Campus.

- Access to Carver-Hawkeye Arena athletic training facility (Located by the ground floor tunnel of the arena)
- **A designated quiet space for concussion evaluation will be provided within the Carver-Hawkeye Arena athletic training facility**
- Various modalities including ice bags, ice cups, hot packs, warm/cold whirlpools, ultrasound and electrical modalities are located in the athletic training facility
- Water, cups, ice bags, and courtesy supplies on the competition floor and in the locker room
- A blood borne pathogen kit on your bench during competition
- Emergency equipment including spine board, vacuum splints, and crutches can be found in tunnel entrance into arena
- A primary care physician and an orthopedic surgeon will be on site during competition along with ambulance service on site

We request that a detailed note from your medical staff accompany any athlete to be treated with modalities by our staff or by non-certified athletic trainers traveling with your team. Please contact us in advance of your arrival to make arrangements. We will conduct skin checks at the time of weigh-ins according to current NCAA Wrestling Rules and Interpretations and following the guidelines for disposition of skin infections.

We are looking forward to your arrival and do not hesitate to contact us in advance if you have questions or special needs.

Sincerely,

Jesse Donnenwerth, PhD, LAT
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