



SPORTS MEDICINE

Dear Visiting Swimming & Diving Athletic Trainer:

On behalf of the University of Iowa Athletic Department and Sports Medicine Services, I would like to welcome you to Iowa City and the University of Iowa. We hope to make your stay in Iowa City as accommodating as possible. Our competition will be taking place in the Campus Recreation and Wellness Center Natatorium. The athletic training room is located on the pool deck and will be available for use. It will be open one hour prior to the start of warm up and will remain open for one hour following the completion of our competition.

The following items will be available to you and your staff during your visit:

- Licensed, Certified Athletic Trainer present during the event.
- Athletic training students available to assist, as needed.
- Modalities available in the athletic training room:
 1. Whirlpool (hot and cold)
 2. Ice (bags, cups, and bath)
 3. Hydrocollator with hot packs
 4. Electrical Stimulation and Ultrasound units

The following equipment will be located on the pool deck:

- Cooler of water and Powerade and cups

Our emergency action plan includes lifeguards on duty covering the diving pool and competition & warm down pool. An ambulance will be on-call. Depending on their schedule, a team physician will be on-site or on-call.

If your team will be traveling without a certified athletic trainer and require assistance, your student-athletes will need to bring a written protocol of the desired treatment signed either by a certified athletic trainer or team physician.

TELEPHONE NUMBERS:

Brooke Casella, MS, LAT, ATC	Assistant Athletic Trainer	Cell: (319) 471-3603 Office: (319) 335-5862
Jennie Sertterh	Director of Athletic Training Services	Cell: (319) 530-1298
Brian Wolf, MD	Orthopedic Surgeon	(319) 353-7954



MEDICAL FACILITIES:

The University of Iowa Hospitals & Clinics (319) 356-2233
Emergency Treatment Center
200 Hawkins Drive Iowa City, IA 52242

UI Sports Medicine Center (319) 384-7070
2701 Prairie Meadow Drive Iowa City, IA 52242

UI QuickCare – Old Capitol Town Center (319) 384-0520 201
South Clinton Street. Suite 195 Iowa City, IA 52242

PHARMACY

Walgreens Drug Store – Coralville (319) 341-5985 102
S. 2nd Street Coralville, IA 52241

Walgreens Drug Store – Coralville (319) 545-4600
2751 Heartland Dr. Coralville, IA 52241

CVS Pharmacy – Iowa City (319) 358-6462
Old Capitol Town Center
201 S. Clinton Street Iowa City, IA 52240

For more information about the University of Iowa you can visit the following website:
[University of Iowa Athletics – Official Athletics Website \(hawkeyesports.com\)](http://hawkeyesports.com)

We hope your visit to Iowa City will be enjoyable. If you have any questions or requests, please don't hesitate to contact me.

Respectfully,

Brooke Casella, MS, LAT, ATC
Assistant Athletic Trainer
University of Iowa