



Dear Visiting Field Hockey Athletic Trainer:

On behalf of the University of Iowa Athletic Department and University of Iowa Sports Medicine Services, I would like to welcome you and your team to Iowa City and the University of Iowa for the upcoming field hockey competition. We hope to make your stay in Iowa City as accommodating and pleasurable as possible. The competition will be taking place on campus at Grant Field. Iowa provides traditional field set-ups, other athletic training services by request, and indoor locker and shower facilities in the adjacent Hawkeye Tennis and Recreation Center. To utilize the indoor athletic training facilities for treatment or rehabilitation, please contact Jon Fravel (information below) to make advance arrangements.

Visitors will find the following supplies/equipment on the sideline at Grant Field: ice water, cups, towels, Gatorade (games only), Kleenex, trash receptacles, emergency equipment, bio-hazard kit and disposal container. Visiting staff members are welcome to contact me at any time for athletic training consultation, to arrange to use indoor facilities, to facilitate access to emergency medical services, or to directly access UI primary care and orthopedic team physicians for consultation.

**TELEPHONE NUMBERS**

Jon Fravel MS, ATC, LAT  
Assistant Athletic Trainer with Field Hockey

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Hawkeye Tennis and Recreation Center Athletic Training Room  
Tim Thomsen, M.D., Team Physician  
University of Iowa Hospitals & Clinics Emergency Treatment Center

(319) 384-1239  
(319) 353-6360  
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For more information about The University of Iowa and the University of Iowa Sports Medicine Services you can visit the following web sites:

<http://www.hawkeyesports.com> and <https://sportsmedicine.athletics.uiowa.edu/>

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