Iowa Hawkeyes Sports Medicine

The University of Iowa Sports Medicine staff would like to welcome you and your staff to Iowa City and Kinnick Stadium.

The visiting team ATR will be supplied with a hydrocollator including pads, (4) treatment tables, (3) taping tables, (2) IV poles and courtesy tape/first aid supplies. There will be a cold tub located in your shower area for heat related illness. There will be ice available to you in the ice storage unit outside your locker room and inside your athletic training room. There is a filtered water source on your sideline to fill coolers. If you need anything else, please request in advance.

Johnson County Ambulance will provide two paramedics that will be stationed near the visiting team tunnel. They will help in all emergency situations and transport your athletes that may need to go to the hospital.

An orthopedic resident will be located near your tunnel for any extremity x-ray needs. There is a fluoroscope available to you at the stadium. The visiting team medical liaison on your sideline can assist with this. Should you need formal x-rays or emergency care, you will be taken to the hospital via ambulance. The orthopedic resident will also escort to help navigate at the hospital.

Should you or your team physicians need any medical assistance during the game, you can go through the visiting team medical liaison that will be on your sideline. They will be able to communicate with the home sports medicine team.

Accompanying this letter is a list of phone numbers to assist you during your stay in Iowa City, also the EAP for Kinnick Stadium.

Please feel free to contact me if you need anything. I will reach out to you the week of our game.

Sincerely,

Kammy J. Powell MS, ATC Head Football Athletic Trainer

Cell: (815) 762-7240 Office: (319) 467-0184

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Medical Time-Out – This will take place approximately 60 minutes prior to game time in the tunnel between the home and visiting team locker rooms on the visiting side of the double doors.

> Representation

- Head Football Athletic Trainer both teams
- Primary Care and Orthopedic Team Physicians both teams
- Visiting team medical liaison
- X-rays tech (on-site)
- JCAS Sideline paramedics
- Big Ten Independent medical spotter
- Lead game official

> Topics

- Emergency Action Plan review
- On-field communication (e.g., hand signals, radio communication, etc.)
- Designate Code Leader
- Medical alerts
- Emergency Procedures discussion:
 - Equipment management procedures
 - Mechanical CPR designation
 - Transportation procedures
 - Other special equipment needs
- Location of hospital and/or Level I Trauma Center
- Location of x-ray/fluoroscopy
- Location of a cold tub/cold water immersion modality, ice, and water source
- Distribution of IMS pagers
- IMS communication/location of equipment (e.g., ring down phone, replay tablets, etc.)