Dear visiting rowing athletic trainer:

On behalf of the University of Iowa Athletic Department and University of Iowa Sports Medicine Services, I would like to welcome you and your team to Iowa City and the University of Iowa. We hope to make your stay in Iowa City as accommodating and pleasurable as possible. The practices and competition will take place at Lake Macbride, which is located 15 miles north of Iowa City.

The following items will be available to you during your visit:

- Certified Athletic Trainer present prior to, during, and following the competition.
- Athletic training students will be available to assist you, as needed.
- Orthopaedic surgeon will be on-call for competitions and practices.
- Primary Care physician will be on-call for competitions and practices.
- Modalities available at Lake Macbride:
 - Ice for ice bags
- Modalities available in the P. Sue Beckwith Boathouse athletic training room include:
 - o Ice (bags, cups, and bath)
 - Hvdrocollator
 - o Electrical Stimulation and Ultrasound units

If your team is traveling without a certified athletic trainer and you have student-athletes requiring a treatment, please send a written protocol of the desired modality treatment signed by your team physician.

COVID-19 Please contact Selena Carter (ATC) if symptomatic PCR testing is needed.

Telephone Numbers

Selena Carter, MS, LAT, ATC Assistant Athletic Trainer Selena-carter@uiowa.edu

office: 319-39602 | cell: 704-941-7989

Beckwith Boathouse Athletic Training Room: 319-467-1006

University of Iowa Hospitals & Clinics Emergency Treatment Center: 319-356-2233

For more information about the University of Iowa and the University of Iowa Sports Medicine Services you can visit the following websites: http://www.hawkeyesports.com and http://www.hawkeyehealthcare.com

Please feel free to call for any other special needs or question you may have. I look forward to meeting you during your visit. Have a great season and enjoy your stay here at the University of Iowa.

Medical Facilities

The University of Iowa Hospital & Clinics (UIHC) – (319) 356-2233 Emergency Treatment Center 200 Hawkins Drive Iowa City, IA 52242

UI Sports Medicine Center – (319) 384-7070 2701 Prairie Meadow Drive Iowa City, IA 52242

UI QuickCare – Old Capitol Town Center – (319) 384-0520 201 South Clinton Street, Suite 195 Iowa City, IA 52242

Pharmacy

Walgreens – Coralville – (319) 341-6153 102 S. 2^{nd} Street Coralville, IA 52241

Walgreens – Coralville – (319) 545-4600 2751 Heartland Drive Coralville, IA 52241

Walmart Pharmacy – Coralville – (319) 545-6412 2801 Commerce Drive Coralville, IA 52241

CVS Pharmacy – Iowa City – (319) 358-6462 Old Capitol Town Center 201 S. Clinton Street Iowa City, IA 52240