

Dear Visiting Swimming & Diving Athletic Trainer:

On behalf of the University of Iowa Athletic Department and Sports Medicine Services, I would like to welcome you to Iowa City and the University of Iowa. We hope to make your stay in Iowa City as accommodating as possible. Our competition will be taking place in the Campus Recreation and Wellness Center Natatorium. The athletic training room is located on the pool deck and will be available for use. It will be open one hour prior to the start of warm up and will remain open for one hour following the completion of our competition.

The following items will be available to you and your staff during your visit:

- Licensed, Certified Athletic Trainer present during the event.
- Athletic training students available to assist, as needed.
- Modalities available in the athletic training room:
  - 1. Ice (bags, cups, and bath)
  - 2. Hydrocollator with hot packs
  - 3. Electrical Stimulation and Ultrasound units

The following equipment will be located on the pool deck:

- Cooler of water and Powerade and cups
- Spine Board and Emergency Equipment

Our emergency action plan includes lifeguards on duty covering the diving pool and competition & warm down pool. An ambulance will be on-call. Depending on their schedule, a team physician will be on-site or on-call.

If your team will be traveling without a certified athletic trainer and require assistance, your studentathletes will need to bring a written protocol of the desired treatment signed either by a certified athletic trainer or team physician.

## **TELEPHONE NUMBERS:**

Elizabeth Miller, MS, LAT, ATC	Assistant Athletic Trainer	Cell: (224) 688 - 9548
Jennie Sertterh	Director of Athletic Training Services	Cell: (319) 530-1298
Brian Wolf, MD	Orthopedic Surgeon	(319) 353-7954



## **MEDICAL FACILITIES:**

The University of Iowa Hospitals & Clinics

**Emergency Treatment Center** 

200 Hawkins Drive Iowa City, IA 52242

**UI Sports Medicine Center** 

2701 Prairie Meadow Drive Iowa City, IA 52242

UI QuickCare – Old Capitol Town Center

South Clinton Street. Suite 195 Iowa City, IA 52242

(319) 356-2233

(319) 384-7070

(319) 384-0520 201

## **PHARMACY**

Walgreens Drug Store – Coralville

S. 2nd Street Coralville, IA 52241

(319) 341-5985 102

Walgreens Drug Store – Coralville

2751 Heartland Dr. Coralville, IA 52241

(319) 545-4600

CVS Pharmacy – Iowa City

Old Capitol Town Center

201 S. Clinton Street Iowa City, IA 52240

(319) 358-6462

For more information about the University of Iowa you can visit the following website: University of Iowa Athletics — Official Athletics Website (hawkeyesports.com)

We hope your visit to Iowa City will be enjoyable. If you have any questions or requests, please don't hesitate to contact me.

Respectfully,

Elizabeth Miller, MS, LAT, ATC Assistant Athletic Trainer University of Iowa