

University of Iowa Women's Tennis

University of Iowa Athletics Department
University of Iowa
Hawkeye Tennis & Recreation Complex (HTRC)
2820 Prairie Meadow Dr.
Iowa City, Iowa 52246
319-384-1215
uiowa.edu

Dear Visiting Athletic Trainer (AT),

The University of Iowa Athletics Department and Women's Tennis program welcomes you to Iowa City, where we hope to ensure a positive and safe experience! Please see below for information we hope to be helpful:

- The University of Iowa Women's Tennis is proud to host your team at the Hawkeye Tennis & Recreation Complex (HTRC) Indoor Courts (2820 Prairie Meadow Dr., Iowa City, IA 52246).
- The University of Iowa Health Care North Liberty Campus (701 W Forevergreen Rd, North Liberty, IA 52317) offers multiple same-day services, including walk-in and emergency care options. We are happy to assist and direct you to the appropriate health care beyond options listed below.
- The HTRC Athletic Training Facility (ATF) is located at the end of the hallway at the opposite end from the Visitor's Locker Room and it will be open two hours prior to the match start time.
- Emergency and first aid medical equipment (i.e., splint bag, athletic training first aid supplies, ice) will be easily accessible between the bank of tennis courts when playing indoors and/or outdoors. The nearest automatic external defibrillators (AEDs) to the Indoor Courts and Visitor's Locker Room are located on the wall next to the staircase and behind the front desk of the HTRC Main Entrance in a labeled cabinet. Another AED is located on the wall near the entrance of the HTRC Indoor Turf, as well as in the HTRC ATF.
- Match-Day Hydration Stations: Water, Powerade, and cups will be stationed between the bank of tennis
 courts indoors and/or outdoors. In addition, water and/or cups will be stationed on the official's chair on each
 court.

Medical Coverage:

- In addition to AT coverage provided by the University of Iowa beginning two hours prior until the conclusion of matches unless otherwise communicated, team physicians will be on-call.
- Should the visiting team be unaccompanied by an AT, we ask to be notified in advance. The
 visiting team's AT should provide a written prescription detailing treatment. Without a written
 prescription signed by the visiting team's AT or physician, treatment cannot and will not be provided
 due to practice law.
- Pre-Match-Day Practice/Hitting: Should your team wish and plan to practice prior to match day, please communicate with University of Iowa Women's Tennis Staff as soon as possible. Water will be provided.
- Please see the following page for information on resources within the lowa City-Coralville area.

Please don't hesitate to contact should any questions or concerns arise. We wish you a safe and enjoyable visit.

Respectfully,

Doug West, PhD, LAT, ATC, CSCS Associate Director - Athletic Training | University of Iowa Cell Phone: 319-530-5173 Email: douglas-west@uiowa.edu Jennie Sertterh, MEd, LAT, ATC Director of Athletic Training Services | University of Iowa Cell Phone: 319-530-1298 Email: jennie-sertterh@uiowa.edu



Same-Day Care Medical Resources

UI Quick Care

UI QuickCare - Mormon Trek (767 Mormon Trek Boulevard, Iowa City, IA 52246)

Phone: 1-319-384-8822

Hours:

M-F: 7:00 AM - 7:00 PM Sat-Sun: 7:00 AM - 5:00 PM

UI QuickCare - Old Capitol Town Center (201 South Clinton Street, Suite 168, Iowa City, IA 52240)

Phone: 1-319-384-8822

Hours:

M-F: 7:00 AM – 7:00 PM Sat-Sun: 7:00 AM – 5:00 PM

UI QuickCare - East (1632 Sycamore Street, Iowa City, IA 52240)

Phone: 1-319-384-8822

Hours:

M-F: 7:00 AM - 7:00 PM Sat-Sun: 7:00 AM - 5:00 PM

UI QuickCare - North Liberty (720 Pacha Parkway, Suite 1, North Liberty, IA 52317)

Phone: 1-319-384-8822

Hours:

M-F: 7:00 AM - 7:00 PM Sat-Sun: 7:00 AM - 5:00 PM

UI Urgent Care

UI Urgent Care - Scott Boulevard (3640 Middlebury Road, Iowa City, IA 52245)

Phone: 1-319-467-6789

Hours:

M-F: 7:00 AM - 9:00 PM Sat-Sun: 7:00 AM - 7:00 PM

UI Urgent Care - Holiday Road (2591 Holiday Road, Coralville, IA 52241)

Phone: 1-319-467-7150

Hours:

M-F: 7:00 AM - 9:00 PM Sat-Sun: 7:00 AM - 7:00 PM

EMERGENCY DEPARTMENT

University of Iowa Hospitals & Clinics (200 Hawkins Drive, Iowa City, IA 52242) Emergency Department (1 Roy J. Carver Pavilion (RCP), Level 1, Elevator E)

Emergency: 911

Non-Emergent Phone: 1-319-356-2233



Not sure which UI Same-Day Care option is appropriate? Scan the QR code to see which clinic would be the best option.



Local Pharmacy and Grocery Store Resources

Walgreens Pharmacy - Store#: 5977 (102 2nd Street, Coralville, IA, 52241)

Phone: 319-341-6153

Store Hours:

7:00 AM - 12:00 AM

Pharmacy Hours:

M-F: 8:00 AM-8:00 PM Sat: 9:00 AM-6:00 PM Sun:10:00 AM-6:00 PM

Walgreens Pharmacy - Store#: 10985 (2751 Heartland Drive, Coralville, IA 52241)

Phone: 319-545-4600

Store Hours:

M-Sun: 7:00 AM-10:00 PM

Pharmacy Hours:

M-F: 8:00 AM-8:00 PM Sat: 9:00 AM-6:00 PM Sun: 10:00 AM-6:00 PM

Hy-Vee Grocery (1914 8th Street, Coralville, IA 52241)

Store Phone: 319-351-5523 **Pharmacy Phone**: 319-351-3880

Store Hours:

24 hours/7days

Pharmacy Hours:

M-F: 8:00 AM-9:00 PM Sat-Sun: 9:00 AM-6:00 PM

Walmart - (2801 Commerce Drive, Coralville, IA 52241)

Store Phone: 319-545-6400 **Pharmacy Phone:** 319-545-6412

Store Hours:

24 hours/7 days

Pharmacy Hours:

M-F: 9:00 AM-9:00 PM Sat: 9:00 AM-7:00 PM Sun: 10:00 AM-6:00 PM

Target - (1441 Coral Ridge Avenue, Coralville, IA 52241)

Store Phone: 319-351-5150 **Pharmacy Phone:** 319-248-1080

Store Hours:

M-Sat: 8:00 AM-11:00 PM Sun: 8:00 AM-10:00 PM

Pharmacy Hours:

M-F: 9:00 AM-7:00 PM Sat: 9:00 AM-5:00 PM Sun: 11:00 AM-5:00 PM



Additional Local Pharmacy and Grocery Store Resources (cont.)

Costco - (2900 Heartland Drive, Coralville, IA 52241)

Store Phone: 319-545-3200 **Pharmacy Phone:** 319-545-3201

Store Hours:

M-F: 10:00 AM-8:30 PM Sat-Sun: 10:00 AM-6:00 PM

Pharmacy Hours:

M-F: 10:00 AM-8:30 PM Sat: 9:30 AM-6:00 PM Sun: 10:00 AM-6:00 PM