University of Iowa Athletic Training

Welcome to the University of Iowa and Xtream Arena for your upcoming volleyball match. We hope to make your stay in Iowa City as smooth as possible. Included is information about our facilities, services, and contact information.

The Xtream Arena Athletic Training Facility is located in the Iowa Volleyball team suite. At this time, we are not sharing the Athletic Training Facility but will have the necessary items your team may need available either in your locker room, court side, or on request.

Locker Room:
- Water
- OSHA supplies
- Mini Hydroculator
- Injury Ice

Visiting team bench:
- Water, Powerade, cups
- OSHA supplies
- Towels
- Injury Ice

**Emergency equipment: AED, splint bag, O2, pulse oximeter will be behind the home team bench. Crutches available in ATF as needed.

A staff certified Athletic Trainer will be available at every match and on call for all practices. One of our team physicians will be on site for all Hawkeye volleyball matches and on call for all other activities. Should you need to see one of our physicians please contact the covering athletic trainer who will help coordinate additional care.

Facilities/ Resources:
- UIHC Emergency Department 319-356-2233
  - 200 Hawkins Dr. Iowa City, IA 52242
    1 Roy J. Carver Pavilion Level 1, Elevator E
- UIHC Urgent Care (Coralville) 319-467-7150
  - 2591 Holiday Rd Coralville, IA 52241
  - Hours: 7am-9pm M-F, 7am-7pm Sat & Sun
- UIHC Urgent Care Scott Blvd (Iowa City) 319-467-6789
  - 3640 Middlebury Rd. Iowa City, IA 52245
  - Hours: 7am-9pm M-F; 7am-7pm Sat & Sun
- Walgreens Pharmacy (Coralville Location) 319-341-6153
  - 102 2nd St Coralville, IA 52241

We look forward to hosting you, please let us know if you have any questions or need further assistance. And good luck with the rest of your season!

Yours in health,

Katie Berger, MA, LAT, ATC C: 712-520-1042 E: katie-berger@uiowa.edu