



Dear Visiting Swimming & Diving Athletic Trainer,

On behalf of the University of Iowa Athletic Department and Iowa Sports Medicine Staff, I would like to welcome you to Iowa City and the University of Iowa. We hope to make your stay in Iowa City as accommodating as possible. As you make travel arrangements, I would like to bring awareness to our availability and resources that will be provided to you and your team before and after competition. Our competition will be taking place in the Campus Recreation and Wellness Center Natatorium. The athletic training room is located on the pool deck and will be available for use. It will be open one hour prior to start of warm up and remain open for one hour following the completion of our competition.

The following items will be available to you and your staff during your visit:

- On-site licensed and certified Athletic Trainer during event
- Athletic training students available to assist as needed (if present)
- Modalities available in the athletic training room
 1. Ice (bags, cups, bath)
 2. Hydrocollator with hot packs
 3. Electrical stimulation and ultrasound unit
- The following items will be provided on the pool deck
 1. Cooler of water and Powerade with cups
 2. Spine board and emergency equipment

Lifeguards will be on duty covering the warm-up, competition, and diving pools as part of our emergency action plan. EMS will be on-call. Depending on their schedule, a team physician will be present or on-call.

If your team will be traveling without a certified athletic trainer and require assistance, please notify prior to the visit so appropriate arrangements can be made. Additionally, please ensure that your student-athletes bring a written protocol of the desired treatment signed either by a certified athletic trainer or team physician.

We hope your visit to Iowa City is a healthy and enjoyable one. If you have any further questions or any additional needs, please contact me with the information below.

Sincerely,

Jasmine Spears, MAT, LAT, ATC, FMS
Assistant Athletic Trainer
CRWC
309 S Madison Street, Iowa City, IA 52242
Email: jasmine-spears@uiowa.edu
Office: 319-335-9816|Cell: 425.299.9981

IOWA



TELEPHONE NUMBERS

Jasmine Spears – Assistant Athletic Trainer
425.299.9981

Ryan Kruse, MD – Team Physician
815.262.8928

Jennie Sertterh – Director of Athletic Training Services
319.530.1298

Brian Wolf, MD – Orthopedic Surgeon
319.353.7954

MEDICAL FACILITIES

The University of Iowa Hospital & Clinic – Hospital, Emergency Department
200 Hawkins Drive Iowa City, IA 52242
319.356.2233

UI Sports Medicine Center
2701 Prairie Meadow Drive Iowa City, IA 52242
319.356.2223

UI QuickCare – Old Capitol Town Center
201 South Clinton Street. Suite 195 Iowa City, IA 52242
319.384.0520

PHARMACY LOCATIONS

Walgreens Drug Store – Coralville
S. 2nd Street Coralville, IA 52241
319.341.5985

Walgreens Drug Store – Coralville
2751 Heartland Dr. Coralville, IA 52241
319.545.4600

CVS Pharmacy – Iowa City
Old Capitol Town Center
201 S. Clinton Street Iowa City, IA 52240
319.358.6462

For more information about the University of Iowa you can visit the following website:

[University of Iowa Athletics – Official Athletics Website \(hawkeyesports.com\)](http://hawkeyesports.com)