

TO: Visiting Women's Wrestling Athletic Trainers 2026-2027

RE: Upcoming Competition at the University of Iowa

On behalf of the Athletic Training Staff at the University of Iowa, I would like to extend a warm welcome to you and your student-athletes as you travel to Iowa City for our upcoming meet. We hope your visit is both enjoyable and safe.

To assist with your preparation and ensure a smooth experience upon arrival, the following information outlines the athletic training services, medical coverage, and accommodations that will be available to your team at Carver-Hawkeye Arena on the University of Iowa campus.

- Access to the Athletic Training Facility in Carver-Hawkeye Arena, conveniently located on the ground level adjacent to the competition area.
- A variety of treatment modalities will be available in the Athletic Training Facility for use by certified athletic trainers, including ice bags, ice cups, hot packs, hot and cold whirlpools, therapeutic ultrasound, and electrical stimulation modalities.
- Water, cups, ice bags, and plastic wrap will be available on the competition floor and in the locker rooms.
- A biohazard kit will be stationed at your team bench throughout the competition.
- Emergency medical equipment, including a spine board, vacuum splints, AED, and crutches, will be readily available in the tunnel entrance to the arena during competition.
- Medical coverage will include an on-site primary care physician and ambulance for the duration of the event. An orthopedic physician will be available either on-site or on-call, depending on scheduling demands related to other events.

If your team will be traveling without a certified athletic trainer and requires athletic training services, including taping or therapeutic modalities, please provide a detailed written treatment plan from your medical staff prior to arrival. Any necessary taping supplies should also accompany the team. To ensure appropriate accommodation, please contact me before your arrival to make the necessary arrangements.

In accordance with current NCAA Wrestling Rules and Interpretations, skin checks will be conducted at weigh-ins. All skin conditions will be evaluated and managed following NCAA guidelines for the identification and disposition of skin infections.

We are looking forward to your arrival and do not hesitate to contact me in advance if you have questions or special requests. Safe travels into Iowa City.

Sincerely,

Andrea Roth DHSc, LAT, ATC, ROT, CSCS, PES
Women's Wrestling Athletic Trainer
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